



Plant Spirit Healing; A Guide to Working with Plant Consciousness

- Pam Montgomery **Required reading**

Partner Earth; A Spiritual Ecology

- Pam Montgomery

Focusing

- Eugene Gendlin

The Heart Math Solution

- Doc Childre and Howard Martin

Medicine for the Earth and Shamanic Journeying

- Sandra Ingerman

Shaman, Healer, Sage

- Alberto Villoldo

Wheels of Life

- Anodea Judith

Secret Teachings of Plants and Plant Intelligence

- Stephen Buhner

The Secret Life of Plants

- Peter Tompkins and Christopher Bird

Flower Power

- Anne McIntyre